

ASCHP CPD PROGRAMME 2020

20.1 Ethics & morals: Ethics of service

Practice is always informed and shaped by underlying theory or philosophical presuppositions.

The point of departure in wellness related counselling is that the work of the counsellor is not primarily to fix or help, but to serve. In serving we bring about wholeness.

20.2 Wellness: Bodily-kinaesthetic counselling

This CPD will introduce you to the powerful tool of using body movement and posture to control physiology and bring about a state of happiness and self-empowerment in your clients

20.3 Business: Growing a counselling practice

Some counsellors struggle to make a living whilst others are booked three months in advance. This CPD will share the secrets of extremely successful counsellors with you to help you grow your practice in double it in less than one year.

20.4 Tools & Techniques: metaphoric counselling

The use of metaphors is a powerful tool for personal change by transforming personal realities. Learn how to employ this easy technique in your counselling with great success.

20.5 Research: Counselling in the domain of complexity (Advanced CPD training)

The cynefin network provides a workable model to help counsellors discern the domain which the counselling requires. Counselling often fails when counsellors apply the wrong strategy to a domain of reality.

20.6 Psychology: Dealing with counsellor and client burnout

Burnout is an acute problem for many people in today's worlds that can be utterly destructive in the long run. We cannot counsel effectively unless we can manage our own state of being successfully. Learn how to prevent and recuperate from burnout.

20.7 Personal growth: Counselling highly sensitive clients

Hyper sensitive people are very fragile and sensitive. Many counsellors belong to this category of people. Learn how to counsel with such clients and understand your own weaknesses and strengths better to utilize it in your daily counselling sessions.